



Clinical Practice Guidelines: Ostomy (1/3)



Patients undergoing elective stoma creation should receive **pre and postop education by a specialized provider**, 1B



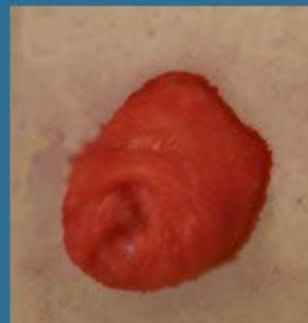
Appropriate **potential ostomy sites should be marked preop** by a trained provider, when possible, 1B



When feasible, **laparoscopic** ostomy formation **is preferred** to laparotomy, 1C



When possible, both **ileostomies (2cm)** and **colostomies (1cm)** should protrude above the skin surface, 1C



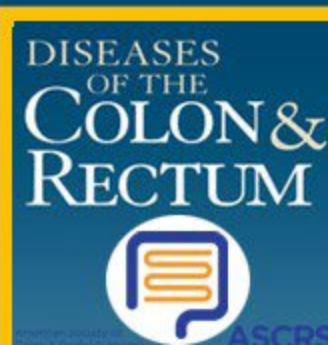
In nonobese patients, the **routine use of a support rod is not necessary** for loop ileostomy construction, 1A



A loop **ileostomy or colostomy is effective** for fecal diversion, 1B



Davis BR et al. *Dis Colon Rectum* 2022;65(10):1173-90





Clinical Practice Guidelines: Ostomy (2/3)



The **routine use of prophylactic mesh** to prevent parastomal hernia **is not recommended**, 2A Extraperitoneal tunneling of an end colostomy may decrease the risk of parastomal hernia, 2B



Managing a new ileostomy with a **perioperative clinical care pathway** may decrease risk of readmission, 2B



Routine contrast studies w/ h₂O-soluble contrast (in the absence of a clinical suspicion of anastomotic dehiscence or stricture) **may not be necessary** before closure of a protective ostomy, 2C (DRE, endoscopy, clinical course and suspicion may be used)



Early ileostomy closure (at 1-6 weeks) **may be performed in select low-risk patients** with a colorectal anastomosis without clinical evidence of anastomotic leak, 2B



Loop ileostomy closure can be performed using **stapled or handsewn techniques**, 1A



Skin-site approximation should be performed when feasible (e.g. **purse-string**), 1A



DISEASES OF THE
COLON &
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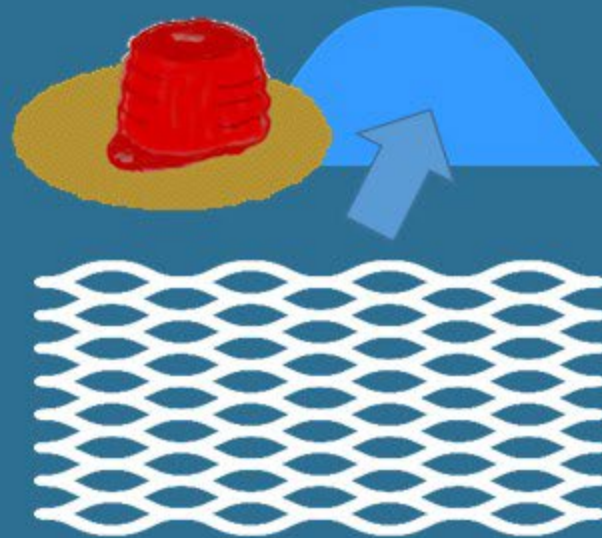
Clinical Practice Guidelines: Ostomy (3/3)



Minimally Invasive Hartmann reversal is a **safe** alternative to open, 1B



Parastomal hernia repair should typically utilize **mesh reinforcement**, 1C



Minimally Invasive parastomal hernia repair may be performed in selected patients, 1C



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