Clinical Practice Guidelines: Hemorrhoids

**Initial Evaluation** should include a complete endoscopic evaluation in select patients with bleeding (1B).

**1st Line Treatment:** dietary modification, fiber, and toileting habits (1B).

**Office-based procedures** can be used for grade I/II if medical treatments fail (1A).

**Surgical Hemorrhoidectomy** should be offered if symptomatic external or grade III/IV internal (1A).

**Early excision of Thrombosed External hemorrhoids** within 3 days (2C).

**Multimodal pain regimen** should be used to reduce narcotics after surgery (1B).

*Davis B et al. Dis Colon Rectum 2018;61(3):284-92*